



Lilac has many more varieties than other ornamental shrubs - it is second only to roses and rhododendrons.

The beauty of lilac was admired by people living in the IV century in Persia, which is considered the birthplace of this shrub. In the XI-XII century, lilac came to China, where it was appreciated for its healing properties. In Europe, the plant became widespread in Turkey in the XVI century. Lilac received its generic name in honor of one of the characters of ancient Greek mythology - the naiads Siringa. According to another version, the name comes from the Greek word 'syrinx' - a pipe, which, apparently, indicates the structure of the flower. Lilac not only has a unique aroma, but is also able to act as a sterilizer - this is true, within a radius of 20 meters, the aroma of lilac perfectly purifies the air. Many people appreciate lilac flowers for their pleasant aroma, but not everyone knows that they contain toxic substances. If you sniff them for a long time, you may get a headache. According to one of the ancient beliefs, this flower indicates the duration of winter. If the lilacs have bloomed, then the cold days have passed, the winter has receded. The main property, thanks to which lilac has earned nationwide love, is beautiful flowering. People who condemn others who break lilac branches are greatly mistaken that it is harmful. In fact, the shrub only benefits from this, as more flower stalks will appear next year. The aroma of lilac attracts butterflies and displaces cigarette smoke. During the year, one lilac shrub can bloom up to three times.

Relatively small, usually fragrant funnel-shaped flowers of common lilac with four petals are collected in more or less large panicle inflorescences. Lilac flowers are associated with signs. In lilac brushes, people looked for flowers with five or more petals, made a wish and put flowers between the pages of books, or ate them, because such flowers were considered happy and able to fulfill a wish. If there were flowers with three leaves - this meant trouble, then they tried to get rid of such a flower. If in England the bride gave the groom a bouquet of lilacs, this meant a refusal to engage.

Lilac flowers are also used for cosmetic purposes, they are used to make the scalp healthier and give the hair shine. Lilac flowers are a source of pleasant aroma that many people like, but they have a bitter taste. It is for this reason that animals and insects do not show interest in them. Bitter substances that are contained in the leaves, buds and flowers of lilacs are used for medical purposes as an analgesic, antibacterial, antipyretic and anti-inflammatory agent. Like most valuable essential oils, lilac oil is very expensive, its price reaches 100 thousand dollars per kilogram of oil. The lilac bush lives for a very long time, and if you plant it, you can be sure that it will delight grandchildren and possibly great-grandchildren. An adult lilac

plant can reach 8 meters in height. The bark of a young lilac bush, as a rule, is smooth, an older one is slightly cracked. Lilac extract is used not only in traditional medicine ...