



Can anything compare in tenderness and sweetness with a lime flavor?

Now, if you were an aristocrat ... A baron, or a count, would certainly have arranged a linden alley on his estate! So in the tsarist era the rich were established. And why they most often liked to plant their houses with linden trees is an interesting question. It turns out that it is not such a simple tree - linden. Let's start with the fact that linden is a tree of "noble blood". It was often found on the coats of arms of the nobility and even cities, especially in the Czech Republic.

Presumably, this came from the belief that it was the linden tree that covered the Virgin with its branches with the little Christ during their flight to Egypt. And now the linden is considered the tree of the Virgin, under it she supposedly rests when she descends from heaven to earth. It is noticed that most of the miraculous icons are written on linden boards. Therefore, to put a linden tree on the family coat of arms is, as it were, to enlist the patronage of the Virgin Mary. But legends are legends, and there really is something to respect the linden. She extended a hand (branch?) to help a person, sometimes, in the most unexpected situations. For example, everyone knows that half of Europe and all of Holy Russia walked in bast shoes made of linden bast for several centuries. But few people know that partisans during the Great Patriotic War often made sorties and went on reconnaissance to the enemy's camp in bast shoes. It turns out that bast shoes do not leave obvious traces on the ground, and most importantly, German sniffer dogs did not take such a trace well. Linden wood, due to its uniformity, uniform density and a mass of other advantages, has long been used by man. First of all, it is an excellent material for artistic carving. It is no wonder that the people quickly realized to cut out fake seals from linden, hence the concept of "fake business" or "linden" - in the meaning of "fake" ...

But modern science has proven that linden can be made ... parts for machine tools and mechanisms. The fact is that the structure of linden wood acquires an extraordinary strength after impregnation with special resins and drying. Parts made of such material are not inferior in strength and durability to metal, and sometimes even surpass them.

Or take linden buds. Did you know they could... marinate? It turns out a spicy additive to dishes, to taste like pickled capers. Another unusual lime "product" is nuts. They taste close to cedar. They can be added to any salads and dishes where nuts are used. Even oil is made from linden nuts, which is not inferior in usefulness to olive oil. In addition, roasted ground linden nuts are used to prepare a drink resembling coffee with an almond flavor.

Linden is the record holder among deciduous trees in terms of the number of phytoncides released into the environment. In the old days, those weakened by diseases were taken out to a linden grove or under a large tree. By the way, that is why the rich brought the linden tree closer to their mansions - walking under the shadow of the alley, they took therapeutic air baths, beneficial for fragile aristocratic health. Linden trees live for 3-4 centuries, trees over 1200 years old are known. All parts of linden and its products have pronounced healing properties. Even linden charcoal is unique - it is able to bind harmful substances in quantities exceeding its own volume by 90 times! It is an excellent absorbent for removing toxins and toxins from the body. And what is the real linden honey - Lipets! Freshly pumped out, it is very fragrant and transparent, crystallizes after 3-4 months - if it remains liquid, then it is clearly not linden honey. One medium-sized tree is able to produce such an amount of nectar from which bees can produce 10-15 kg of honey. By the way, a rare fact in biology is that during the flowering of linden, bees rush to it, ignoring other honey plants. And they collect nectar from linden even at night.